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What Your Doctor May Not Tell You about Premenopause: Balance Your Hormones and Your Life from Thirty to Fifty by John R. Lee, Virginia Hopkins, Jesse Hanley. A safe, effective hormone balance program for women aged 30-50 suffering from premenopause syndrome.

What Your Doctor May Not

John Lee, M.D., is a well-known advocate of the benefits of natural

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progesterone and the author of What Your Doctor May Not Tell You About Menopause. Jesse Hanley, M.D., adds sensitivity to the emotional and spiritual aspects of premenopause.

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qualifying offers. This is an essential guide for parents about vaccinations. Dr. Stephanie Cave explains their pros and cons and the book provides information to help parents make a knowledgeable

What Your Doctor May Not Tell You About Menopause (TM ...

I will be discussing premenopause symptoms in more detail, and have also written an entire book on the subject called What Your Doctor May Not Tell You About Premenopause. The phase right around the time of menopause, when hormones and brain signals to the ovaries are fluctuating, is called perimenopause.

What Your Doctor May Not Tell You about Premenopause ...

What Your Doctor May Not Tell You About Menopause (TM): The Breakthrough Book on Natural Hormone Balance [John R. Lee MD, Virginia Hopkins] on Amazon.com. *FREE* shipping on qualifying offers. This revolutionary book about hormone replacement therapy--a classic bestseller since it was first published in 1996--is now fully revised and updated

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