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Superfoods The Food And Medicine Of The Future [EBOOK]
David Wolfe (b. August 6, 1970) is a rising author, lecturer, and personality in the fields of natural health, beauty, and nutrition. Wolfe was among the first to bring superfoods such as raw and organic cacao (chocolate) beans/nibs, butter, and powder, goji berries, maca extract, and cold-pressed coconut oil into general distribution in North America.

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Superfoods: The Food and Medicine Of The Future is a must read for anyone interested in nutrition and wellness." —Gluten Free Gidget "Superfoods is David Wolfe's manual on the current state of food... of interest to anyone trying to outline their diet plans and choose better natural remedies." —Midwest Book Review

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Superfoods: The Food and Medicine of the Future: Wolfe ...
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Superfoods: Food as Medicine | Sutter Health
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