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Shiatsu is a type of massage therapy that was primarily developed in Japan. With its name derived from the Japanese term for "finger pressure," it involves applying pressure to specific points on the body, moving from one point to another in a rhythmic sequence.

Shiatsu Therapy for Horses by Pamela Hannay

Shiatsu is a gentle, deeply effective holistic system of health care. It comes from Asia and has been developing for over 5,000 years. A sister therapy to acupuncture, it employs finger pressure to gently stimulate the body's natural healing ability.

Equine Shiatsu Association Promoting the Benefits of Shiatsu

Shiatsu is a non-invasive therapy that may help reduce stress and contribute to overall wellbeing. Proponents believe that it has both preventative and remedial effects. Shiatsu can be used in the treatment of a wide range of internal, musculoskeletal, and emotional conditions. It is thought to reduce muscle stiffness, stimulate the skin, aid ...

What is Equine Shiatsu? | The Equine Shiatsu Association

Shiatsu is a gentle, deeply effective holistic system of health care. It comes from Asia and has been developing for over 5,000 years. A sister therapy to acup...

Shiatsu Therapy for Horses: Know Your Horse and Yourself ...

Shiatsu is a gentle, deeply effective holistic system of health care. It comes from Asia and has been developing for over 5,000 years. A sister therapy to acupuncture, it employs finger pressure to gently stimulate the body's natural healing ability. Touch is also an extremely important method of ...

Shiatsu therapy for horses : know your horse and yourself ...

In 2003, she opened Roseheart Kingdom a 'Therapy Centre for People & Animals' in Shropshire, which is the only centre in the world where you can receive treatments and learn the ancient Japanese art of Shiatsu for People, Horses and Dogs. It became the permanent base for the existing complementary therapy practice that was established in 1996.

Shiatsu for People, Horses & Dogs with Jacqueline Molony ...

Zen Shiatsu as practiced by Liz Eddy and taught at the Scottish School of Shiatsu for Horses was pioneered by Shizuto Masunaga. This form of Shiatsu is primarily based on palpatory diagnosis and so treatment is decided on what is felt here and now.

Animal Bodywork Online Courses - Holistic Animal Courses

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What Is Shiatsu Massage Therapy?

The School of Equine Shiatsu. Over the past 20 years we have established the School as THE School of Equine Shiatsu with over 250 students attending our Equine Shiatsu Courses from throughout the UK, Ireland and mainland Europe. On our website you will find a short video which will show you more information about our therapy work.

Shiatsu Therapy for Horses : Know Your Horse and Yourself ...

Five Element Theory and Horses Types. In Equine Shiatsu we use the aspects of Oriental Medicine theory which are relevant to horses and apply them accordingly. So, for example, we would define a muscular, well proportioned horse who enjoys his work but gets impatient without plenty to do as a "Wood" type horse.

Shiatsu Therapy for Horses: Know Your Horse and Yourself ...

You probably know that Shiatsu is one among several different types of massage therapy, but you may not know what the treatment entails. What is Shiatsu massage therapy exactly, and how does it help those who receive treatment? Shiatsu practice originated in Japan based on traditional Chinese medicine with elements of Western therapies ...

Shiatsu | Taking Charge of Your Health & Wellbeing

What is Equine Acupressure and what are its benefits? Acupressure is an ancient healing art originating in China about 5000 years ago. It is based, as is acupuncture, on the principles of Traditional Chinese Medicine (TCM), only that instead of using needles, it is applied with fingers, hands, elbows, etc. with

Shiatsu for Horses & Dogs

This course was developed for those who would like to pursue a career in Equine Massage Therapy. This certification course provides you with all the foundation knowledge, fundamental massage techniques and advanced physical therapy techniques needed to successfully practice Equine Myo-manipulative Functional Therapy (EMFT).

Shiatsu Therapy For Horses Know

Shiatsu Therapy for Horses: Know Your Horse and Yourself Better Through Shiatsu [Pamela Hannay] on Amazon.com. *FREE* shipping on qualifying offers. In this major book, leading practitioner Pamela Hannay provides a photographic guide to communication, health

horses-shiatsu.com - Shiatsu for Horses with Liz Eddy

Buy Shiatsu Therapy for Horses: Know Your Horse and Yourself Better Through Shiatsu (Know Yourself and Your Horse Better Through Shiatsu) by Pamela Hannay (ISBN: 9780851318479) from Amazon's Book Store. Everyday low prices and free delivery on eligible orders.

What is Equine Acupressure and what are its benefits

What is shiatsu? In this blog, I will explore what shiatsu is, how it works and what a shiatsu session involves. If you would like to see a shiatsu practitioner you can visit our find a practitioner page. Even though this is a list of practitioners who specialise in maternity work, they are all trained to work with all clients.

The School of Equine Shiatsu » Welcome

Shiatsu for Horses Shiatsu is a form of acupressure, a sister therapy to acupuncture using hands instead of needles, working along the energy channels and pressure points of the body, to rebalance the body as a whole.

What You Can Expect From a Shiatsu Massage

Shiatsu for horses therapists can be registered with The Equine Shiatsu Association (tESA). tESA are a professional organisation who require its members to adhere to various professional standards. For more information please visit tESA here. Please note: Animal Shiatsu is not intended as a substitute for veterinary advice or treatment. If in ...

Amazon.com: Customer reviews: Shiatsu Therapy for Horses ...

Welcome to the Equine Shiatsu Association (tESA) The Equine Shiatsu Association was set up in 2002 to publicise the benefits of Shiatsu for horses and also operate as a support forum for people practising and training as Equine Shiatsu Practitioners.

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