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Retrain Your Brain, Transform Your Health, Reclaim Your Life!  
The Dynamic Neural Retraining System™ is a natural, drug- free, neuroplasticity-based healing program that can help you recover from Chronic Fatigue Syndrome, Multiple Chemical Sensitivity, Fibromyalgia, ...

Retraining the Brain: A 45-Day Plan to Conquer Stress and ...  
In Retraining the Brain, Dr. Lawlis clearly explains the neurological factors that make stress so traumatizing and lays out a powerful plan for changing our brains to improve the way we cope. The secret is to take advantage of our brain plasticity, our ability to essentially reprogram the way we think simply by following this forty-five-day program to change our behavior.

Retraining The Brain A 45  
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Paperback – September 29, 2009 by Dr. Frank Lawlis (Author)

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supports you in every move, as well as, understanding how your automatic systems support you. Within the coaching format we will

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