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"Results: Think Less, Achieve More points you to the blueprint of where success truly comes from. This book will guide you to the source of life-changing insights. Well done, Jamie!" - Catherine Casey, M.A. Clinical Psychology, Principle Based Consultant

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RESULTS: Think Less, Achieve More at PAGE 2 OF 2 We each live in a separate, THOUGHT-generated perceptual reality. We're living in a THOUGHT-generated experience, but it often seems as though our feelings are letting us know about something other than THOUGHT. In fact, it often seems as

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Results is full of helpful examples and exercises to get you on the road to the results you need. Learn how to: Prioritize and focus on the right goals at the right time ; Achieve the results you want by following the Clarity Coaching Model ; Improve your overall performance to gain better relationships with your colleagues, close friends, and ...

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RESULTS. We all want them, yet many of us struggle to achieve them. Or we get results in one area, while failing in others. But it doesn't have to be this way. You can get results in a way that feels great . With this groundbreaking book by bestselling author, coach and entrepreneur Jamie Smart, you're going to discover how to:

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In a clear, engaging and practical way, Jamie lays out a crucial road map that will show you how getting results is far easier that you realize. Highly recommended. Chantal Burns, No. 1 bestselling author of Instant Motivation Results: Think Less, Achieve More is total wisdom power.

RESULTS - 10 - The CLARITY® Relationship Quadrant

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About the author Jamie Smart is a leading speaker, coach, trainer and author of the bestselling books CLARITY and The Little Book of Clarity. He shows individuals and organizations the unexpected keys to clarity; the ultimate leverage point for creating more time, better decisions and meaningful results.

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“Results: Think Less, Achieve More points you to the blueprint of where success truly comes from. This book will guide you to the source of life-changing insights. Well done, Jamie!” - Catherine Casey, M.A. Clinical Psychology, Principle Based Consultant

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RESULTS - 8 - The CLARITY® Productivity Quadrant

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Jamie Smart is an internationally renowned writer, speaker, coach and consultant. He shows individuals and organizations the unexpected keys to clarity; the ultimate leverage point for creating more time, better decisions and meaningful results. Jamie is a gifted speaker, equally engaging in front of large audiences and more intimate groups.

RESULTS: Think Less, Achieve More - New Book from Jamie Smart

RESULTS: Think Less, Achieve More at PAGE 1 OF 2 The CLARITY® Productivity Quadrant 1. The Zone of Resistance (passive) We all oscillate between periods of clarity and times when we get caught up in our

thinking. When we're caught up, it's almost always an example of contaminated

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