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Judith E. Brown is the  
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are attending a family picnic and are staring at a table full of food.

Your choices from the table are: fried chicken, cold-cut platter (bologna, salami), whole grain rolls, shrimp, jell-o, spinach salad, fruit salad, baked beans, potato chips, zucchini squash, cake, and low-fat milk.

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7. the term for

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symptoms (flatulence,

bloating, abdominal

pain, diarrhea) resulting

from the consumption of

more lactose than can be

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