

## Jocelyn K Glei

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### **RESET is a cosmic tune-up for your workday.**

Jocelyn K. Glei is a writer who is obsessed with how we can find more creativity and meaning in our daily work. Her previous books include Manage Your Day-to-Day, Maximize Your Potential, and Make Your Mark, which offer pragmatic, actionable advice for creatives on managing their time, their careers, and their businesses. She was formerly the founding director of the 99U Conference and editor of 99u.com, which earned two Webby Awards for Best Cultural Blog.

### **Jocelyn K. Glei - Who Are You Without the Doing? • Hurry ...**

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### **Amazon.com: Manage Your Day-to-Day: Build Your Routine ...**

RESET is a new course from Hurry Slowly host Jocelyn K. Glei that shows you how to take a "heart-centered" approach to productivity that's intentional, energizing, and inspiring. Watch the 30-second trailer at reset-course.com.

### **Jocelyn K. Glei**

Jocelyn K. Glei added, Blair Braverman Verified account @ BlairBraverman This week's Tough Love column is about backpacking with an able-bodied partner, and why sometimes the best way to love someone isn't to tell them they can do anything. <https://www.outsideonline.com/2396964/how-te-ll-your-trail-partner-slow-down...>

### **Unsubscribe: How to Kill Email Anxiety, Avoid Distractions ...**

Jocelyn K. Glei helps people find more creativity and meaning in their daily work. Read more ?

### **Jocelyn K. Glei - The Feedback Rush • Hurry Slowly**

If we want to use our time wisely, should we spend it on doing or thinking? It turns out that reflection is the key to productivity and peak performance.

### **Manage Your Day-to-Day: Build Your Routine, Find Your ...**

RESET is a course created by Hurry Slowly host Jocelyn K. Glei that shows you how to let go of toxic habits and get back in touch with the natural rhythms of your energy, your attention, and your creative flow. See the full lesson plan and book your spot for January 2020 at reset-course.com Get Jocelyn's brainwaves in your inbox.

### **Jocelyn K. Glei: Letting Go Isn't Easy • Hurry Slowly**

Jocelyn K. Glei (Editor) › Visit Amazon's Jocelyn K. Glei Page. Find all the books, read about the author, and more. See search results for this author. Are you an author? Learn about Author Central. Jocelyn K. Glei (Editor) 4.3 out of 5 stars 1,118 ratings. Book 1 of 3 in 99U. See all ...

### **The Missing Key to Productivity Is ... - Jocelyn K. Glei**

A cosmic tune-up for your workday. RESET is a four-week course created by Jocelyn K. Glei that shows you how to work in a way that is intentional, energizing, and inspiring. We're on the verge of a burnout epidemic. Almost 50% of Americans say that they are regularly exhausted from work.

### **About • Jocelyn K. Glei**

RESET is a new course from Hurry Slowly host Jocelyn K. Glei that shows you how to take a "heart-centered" approach to productivity that's intentional, energizing, and inspiring. Watch the 30-second trailer at reset-course.com. Get Jocelyn's brainwaves in your inbox.

### **Jocelyn K. Glei (Author of Manage Your Day-to-Day)**

Jocelyn K. Glei A writer and the founding editor of 99U, Jocelyn K. Glei is obsessed with how to make great creative work in the Age of Distraction. Her latest book is Unsubscribe: How to Kill Email Anxiety, Avoid Distraction, and Get Real Work Done .

### **Jocelyn K. Glei (@jkglei) | Twitter**

Jocelyn K. Glei is obsessed with how we can find more meaning and creativity in our daily work. In search of the answer, she has interviewed hundreds of designers, researchers, and entrepreneurs about how they stay productive and inspired.

### **Jocelyn K Glei**

Jocelyn K. Glei is a writer who's obsessed with work, careers & creativity. She is the author of 4 books, including Unsubscribe: How to Kill Email Anxiety..

### **HURRY SLOWLY is a podcast about pacing yourself, hosted by ...**

Jocelyn K. Glei is a writer who's obsessed with how we can find more creativity and meaning in our daily work. Her latest book, Unsubscribe, is a modern guide to killing email anxiety, avoiding distraction, and getting real work done.

### **Jocelyn K. Glei Archive - Adobe 99U**

I created the online course RESET, a cosmic tune-up for your workday.. I host Hurry Slowly, a podcast about how you can be more productive, creative, and resilient through the simple act of slowing down.. I write books about how to make great creative work in the Age of Distraction, and I give talks about how we can spend less time on "fake productivity" and more time on meaningful work.

### **Jocelyn K. Glei: Productivity Shame • Hurry Slowly**

Jocelyn K. Glei is obsessed with how we can find more creativity and meaning in our daily work. She created the online course RESET, a cosmic tune-up for your workday, and hosts Hurry Slowly, a podcast about how you can be more productive, creative, and resilient by slowing down. Jocelyn has publis...

### **Jocelyn K. Glei on Behance**

RESET is a new course from Hurry Slowly host Jocelyn K. Glei that shows you how to take a "heart-centered" approach to productivity that's intentional, energizing, and inspiring. Watch the 30-second trailer at reset-course.com. Get Jocelyn's brainwaves in your inbox.

### **JOCELYN K. GLEI writes about work & creativity.**

Jocelyn K. Glei is a writer who's obsessed with how we can find more creativity and meaning in our daily work. Her latest book, "Unsubscribe", is a modern guide to getting rid of email anxiety, reclaiming your productivity, and spending more time on the work that matters.

### **Articles • Jocelyn K. Glei**

The series is edited by Jocelyn K. Glei, Director and Editor-in-Chief of 99U. Jocelyn oversees the 99u.com website—which has won two Webby Awards for "Best Cultural Blog"—and leads the curation and execution of the popular 99U Conference. Prior to joining 99U, Jocelyn was the global managing editor at the online media company Flavorpill.

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