

## Its My Ovaries Stupid

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Elizabeth Lee Vliet, M.D. is the author of Screaming to Be Heard; Its My Ovaries, Stupid; Women, Weight and Hormones, and The Savvy Woman's Guide to Testosterone. ### Share article on social media or email: View article via: Pdf Print Contact Author. Kitty Werner. Her Place 802-496-3271 Email > ...

### **It's My Ovaries, Stupid! Revised Edition (The Savvy Woman ...**

Vliet advocates for women and admits that typical western medicine

does more shuffling and dismissing of patients than actual problem solving, which has been my personal experience. I found a Aside from its incredibly stupid title (no pun intended), this book contains a wealth of information related to women's reproductive health, specifically all things hormone related.

### **It's My Ovaries, Stupid! by Elizabeth Lee Vliet**

It's My Ovaries, Stupid! Hardcover - May 5, 2003 by Elizabeth Lee Vliet (Author) > Visit Amazon's Elizabeth Lee Vliet Page. Find all the books, read about the author, and more. See search results for this author. Are you an author? Learn about Author Central. ...

### **It's My Ovaries, Stupid! Revised Edition (Savvy Woman's ...**

ISBN: 0743210565 9780743210560: OCLC Number: 51342711: Description: xxvi, 437 pages : illustrations ; 24 cm: Contents: SECTION I: BODY BASICS: When ovaries go awry: women's lives, women's stories --Your ovaries: an owner's manual --Your ovaries and their life cycle --SECTION II: OVARIES AT RISK: Ovaries at risk: surprising toxins in your diet --Ovaries at risk: "gender benders" and endocrine ...

### **My Ovaries Do Not Explode When I See A Cute Baby**

It's the ovaries, stupid. The pressure on women to make themselves smaller and less threatening is so overwhelming that when a woman comes along who refuses to play the game, there is an almost Newtonian force of nature that pushes them back into the tiny box society has built for them.

### **It's My Ovaries, Stupid! book by Elizabeth Lee Vliet**

"It's My Ovaries, Stupid!" bridges this gap in women's health care and shows you how to understand your symptoms and get reliable tests, how to receive treatment and improve your health, how to wade through the controversies surrounding hormone replacement therapy, and how to explore cutting-edge options for thyroid problems. You can't afford "not" to read this book.

### **Not sure why you didn't like Elizabeth Warren? 'It's the ...**

ISBN: 9781933213033 1933213035: OCLC Number: 180190965: Description: 479 pages : illustrations ; 23 cm. Contents: Body Basics --Ovaries at risk --Your ovaries and your body --Getting well --your hormone power life plan. Series Title: The savvy woman's health guide series

### **It's My Ovaries, Stupid!: Vliet, Elizabeth Lee ...**

It's the ovaries, stupid. The pressure on women to make themselves smaller and less threatening is so overwhelming that when a woman comes along who refuses to play the game, ...

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### **It's My Ovaries, Stupid! - A Book by Dr. Elizabeth Vliet**

contained in It's My Ovaries, Stupid!. Dr. Vliet draws on the latest international scientific research and her more than twenty years of clinical experience to show the negative effects of endocrine disruptors and poor lifestyle choices on the body.

### **It's My Ovaries Stupid - Revised Edition**

SECTION I: BODY BASICS: When ovaries go awry: women's lives, women's stories -- Your ovaries: an owner's manual -- Your ovaries and their life cycle -- SECTION II: OVARIES AT RISK: Ovaries at risk: surprising toxins in your diet -- Ovaries at risk: "gender benders" and endocrine disruptors around you -- Ovaries at risk: toxic effect of cigarettes, alcohol, marijuana, and other drugs -- Ovary ...

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### **Not sure why you didn't like Elizabeth Warren? 'It's the ...**

It's My Ovaries, Stupid! I give all of Dr. Vliet's books a thumbs up. The information in them is, quite frankly, invaluable. It should be on every woman's book shelves and the subject paramount in their minds every time they develop a health condition.

### **It's my ovaries, stupid! (Book, 2007) [WorldCat.org]**

Buy It's My Ovaries, Stupid! Revised Edition (Savvy Woman's Health Guides) by Elizabeth Lee Vliet M.D. (2007-02-01) by Elizabeth Lee Vliet M.D. (ISBN: ) from Amazon's Book Store. Everyday low prices and free delivery on eligible orders.

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### **It's My Ovaries, Stupid!: Vliet, Elizabeth Lee ...**

It's My Ovaries, Stupid! will help you understand your symptoms, get reliable tests, obtain treatment, and improve your health. The book also examines the controversies surrounding hormone replacement therapy and discusses some of the latest and best options for the treatment of thyroid problems.

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