

Housework Blues A Survival Guide

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[Housework Blues: A Survival Guide by Danielle Raine](#)
Containing quotes, humour and over 75 insights, tips, games and ideas - tailor-made to bring calm and comfort to any woman with a home to keep - Housework Blues is a virtual pick-&-mix goodie bag of housework-survival tactics, helping you cope with the (often unrecognised) mental and emotional challenge of keeping a home.

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Housework Blues A Survival Guide
Housework Blues – A Survival Guide was her first book, published in 2010. It was swiftly followed by a compilation of the supporting blog Make Peace With Housework . Danielle currently blogs about writing, creativity, inspiration and wellbeing over on [danielleraine.com](#).

About - Housework Blues - A Survival Guide
So there are some truly outstanding benefits in learning to survive your Housework Blues. Now, finally, there's a book to help you do just that. Housework Blues - A Survival Guide is a fu If you lack the motivation to do housework - or it's become a source of misery, boredom, frustration or fury - these feelings can affect your relationships, your health, even your wealth.

Buy the book - Housework Blues - A Survival Guide
by Danielle | Blog Housework Blues "To be happy at home is the result of all ambition." Samuel Johnson (Extract from Housework Blues – A Survival Guide) [pinit] Throughout this book, I've tried to convince you of the many valid and compelling reasons to tackle...

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Housework Blues: A Survival Guide book by Danielle Raine ...
Housework Blues - A Survival Guide is exactly that. Containing quotes, humor and over 75 insights, tips, games and ideas - tailor-made to bring calm and comfort to any woman with a home to keep - Housework Blues is a virtual pick-&-mix goodie bag of inspirational housekeeping solutions, helping you cope with the (often unrecognised) mental and emotional challenge of keeping a home.

Housework blues : a survival guide : how to cope with the ...
• A non-washer-upper's guide to the washing-up • Feng shui & housework • Top Ten Blues Blasters ...and many more. A fun and easy read, yet packed with ideas, tips and games to help you cope with the 'unique challenge' of keeping a home. These are strategies to keep you sane.

Housework Blues A Survival Guide
The housework blues I have been getting the serious ... a Girl Guide camp and then weekend of training looming, and the pushed back ... I'm really low about these issues is meditating. 'buddism for mothers' is such a fantastic book. have taken many great survival tips from it like meditating whilst doing ritual housework tasks. i ...

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Housework Blues: A Survival Guide: Amazon.co.uk: Raine ...
Housework Blues – a survival guide. I make no secret of the fact that I don't like housework. If you've read my fantastic housework tips you'll probably have cottoned on to the fact that I am not a clean freak. It's really not that I'm lazy, it's just that I find it boring and ultimately pointless.

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• Danielle's Book Housework Blues: A Survival Guide is available on Amazon. To find out more log on to [houseworkblues.com](#) . Interview by Natasha Courtenay-Smith . Share or comment on this article:

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