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Books by Dre Baldwin (Author of Work On Your Game)

In just 5 years, Dre Baldwin went from his high school team's bench to the first contract of a 9-year professional basketball career. ... Dre was the first athlete to publish his sports training videos online, and has been creating content since before it was called "content"! ...

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Basketball Self-Training Programs for Shooting, Dribbling and Vertical Jump by Dre Baldwin, creator of Work On Your Game: Applying The Pro Athlete Mindset to Business, Sports, and Life. Dre is a 9-year professional basketball player, an author of 25 books who had done 4 TED Talks.

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Ultimate Athlete Off Court Training | Dre Baldwin Is An ...

This is a workout program series based on the game and skills of NBA players, with written and video demonstrations of each drill and skill for you to follow step-by-step. Developed by YouTube star Dre Baldwin.

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Ultimate Athlete Off Court Training is by Dre Baldwin, who teaches how the Pro Athlete's Mindset Applies To Business, Sports and Life. Dre is author of Work On Your Game: Use the Pro Athlete Mindset to Dominate Your Game in Business, Sports, and Life.

Kyrie Irving HoopHandbook Signature Workout Program on ...

Dre Baldwin presents HoopHandbook, home of the best basketball skill training programs in the universe. Over 14,000 users since 2010; 42 million views of Dre's YouTube content. Are you a serious player, ready to Work On Your Game? You're in the right place.

HoopHandbook - by Dre Baldwin

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