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IDEA World Convention; IDEA World

Page 4/28

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Club & Studio Summit; IDEA Personal Trainer Institute; Become an Exhibitor

Fitness Magazine: Weight-loss plans, video workouts, abs ...

This magazine covers a wide range of topics related to health, fitness and wellness, including parenting, senior

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health and natural healing. Writer guidelines are available online. The Health Journal told TWL that pay rates vary based on experience and skill level and that the publication is always looking for fresh voices.

Men's Journal Magazine | Men's

Page 6/28

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Journal

The magazine has repeatedly won Western Publications Association's Maggie Awards for "Best Health and Fitness Magazine". Yoga Journal has been criticized for representing yoga as being intended for affluent white women; in 2019 it has attempted to

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remedy this by choosing a wider variety of yoga models.

Fitness Journal Archives - IdeaFit
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brand and product names ...

American Fitness Magazine

With this fitness and nutrition journal, you can log your number of reps, your dietary patterns (follow along with the food guidelines for every macro), and the inches you've dropped off your

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waistline. Set goals, track your progress, and celebrate the victories with this journal.

Rep Fitness Strength Equipment and Home Gym Specialists

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decorating resource. See beautiful homes across the state, get an insider's look and hear candid insights from the builders, designers, architects and homeowners who brought their vision to life.

Men's Journal: Health, Adventure,

Page 11/28

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Gear, Style

Find everything you need to crush your fitness goals such as workout routines, training plans, free workout videos, fitness tips, exercise trends, workout playlists, gear, clothes and more.

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Journals, specifically fitness journals, can actually be a super-useful tool when it comes to your workouts. You can use them to track your gym

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sessions and progress, and one study even found that...

Fitness (magazine) - Wikipedia
Men's Journal Magazine Geared toward the modern, active man who's into health, fitness, sports and travel, Men's Journal will appeal to those who

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enjoy their leisure time and want to get the most...

Fitness Journal - Online Exercise, Strength Training ...

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Fitness - Shape Magazine | Shape
IDEA Fitness Journal is the professional voice of the fitness and wellness industry. Published 10 times per year, this award-winning magazine keeps pace with the continuing evolution in fitness. Our editors, writers

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and fitness experts follow the crossover and convergence among professionals and training philosophies.

Publications - IdeaFit
Our Nationally Recognized Fitness
Studio. Shape Magazine □ Men's

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Journal □ Outside Magazine □
Backpacker □ SKI Magazine Ski
Racing □ Colorado Runner □ Boulder
Daily Camera □ Denver Post . Our co-
owner, Wendy McClure, was named a
"Top 100 Trainer in the U.S." by Men's
Journal magazine for two consecutive
years!

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City of Westminster > Homepage
Weight-loss plans, video workouts,
abs exercises, diet plans, beauty
tricks, and health advice

Body Dynamics - Best Fitness Studio
Boulder, Colorado

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City Park Recreation Center; City Park Fitness Center; Swim & Fitness Center; The MAC; West View Recreation Center; Westminster Sports Center; Countryside Pool

National Fitness Trade Journal Magazine - The industry ...

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advice on fitness, gear, adventure, style and more from the editors at Men's Journal.

Yoga Journal - Wikipedia

Rep Fitness carries equipment designed to take your fitness to the next level. We carry functional fitness

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equipment that can be found in thousands of gyms around the country, gear that will help you setup the perfect home gym, and commercial quality equipment to setup your venture into providing fitness for others.

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15 Fitness and Health Magazines That Want to Publish Your Work

Fitness is a United States-based women's magazine, focusing on health, exercise, and nutrition. It is owned and published by the Meredith Corporation. The editor-in-chief of Fitness is Betty Wong.

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