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documented expose of America's "factory farms" should prompt even die-hard meat-and-potatoes lovers to reevaluate their diets.

Asserting that "we are ingesting nightmares for breakfast, lunch and dinner," Robbins, who is medical director ...

Diet for a New America: How Your Food Choices Affect Your ...

From John Robbins, a new edition of the classic that awakened the conscience of a nation. Since the 1987 publication of Diet for a New America, beef consumption in the United States has fallen a

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remarkable 19%. While many
forces are contributing to
this dramatic shift in our
habits, Diet for a New ...

Diet for a New America, by
John Robbins - Michael
Bluejay

He is the author of the 1987
Diet for a New America, an
exposé on connections
between diet, physical
health, animal cruelty, and
environmentalism. Colman
McCarthy, an American
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Diet for a New America is a 1987 bestselling book by John Robbins. The book discusses vegetarianism, the environmental impact of factory farming and animal rights. In 1991 KCET, the Los Angeles PBS affiliate, produced a film documentary based on the book called Diet for a New America: Your Health, Your Planet.

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conscience of a nation with
its startling examination of
the food we buy and eat —
and the moral, economic, and
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Drawing a clear line
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vitalize the awakening of
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its place in the kitchen and in the doctor's office, in every classroom, from preschool to university. For those involved in ecological and political issues, this book is a must -- so it is for all of us who long for a practical ...

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| Songs, Reviews, Credits

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"...The real cause of hunger
is a scarcity of justice,
not a scarcity of food.
Enough grain is squandered
every day in raising
American livestock for meat
to provide every human being
on earth with two loaves of
bread." ...

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States has fallen a
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this dramatic shift in our
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Diet for a New America
(album) - Wikipedia

There's no danger of anyone mistaking Diet for a New America for Theater of Pain, Shout at the Devil, Girls Girls Girls, or even Generation Swine -- 58's foundation is melodic pop/rock, but these guys fuse pop/rock with elements of hip-hop, funk, techno, and industrial noise.

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powerful indictment of our dietary practices that should be read by everyone interested in healthy living. It is well-researched, well-documented, and eye-opening. I recommend this book to patients, friends, and relatives.

Editorial Reviews.

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the myths and truths about meat, milk, fat and protein.

Diet for a New America
Quotes by John Robbins
Diet for a New America is the debut record of American band 58, the group featuring Nikki Sixx. It was released on Sixx's Americoma Records on May 16, 2000. Conception and production. Nikki Sixx described in an interview the origins of the album, beginning with a ...

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"Diet For A New America is a masterpiece, like a fresh breath among the many publishings on the subject

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of diet and nutrition.
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it is a much needed tool to
be included in every health
education program." Jack
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