

Chalked Up Inside Elite Gymnastics Merciless Coaching Overzealous Parents Eating Disorders And Elusive Olympic Dreams Jennifer Sey

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Everything that she and her family went through to get to that pinnacle is chronicled in her memoir "Chalked Up." It is an honest look at the life of elite gymnastics, a sport in which many participants retire from the sport before obtaining a high school diploma.

Chalked Up Inside Elite Gymnastics

Chalked Up: My Life in Elite Gymnastics [Jennifer Sey] on Amazon.com. *FREE* shipping on qualifying offers. Fanciful dreams of gold-medal glory led Jennifer Sey to the local gymnastics club in 1976. A natural aptitude and a willingness to endure punishing hard work took her to the elite ranks by the time she was eleven years old.

Chalked Up: Inside Elite Gymnastics' Merciless Coaching ...

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Everything that she and her family went through to get to that pinnacle is chronicled in her memoir "Chalked Up." It is an honest look at the life of elite gymnastics, a sport in which many participants retire from the sport before obtaining a high school diploma. Sey covers a lot of topics in the book as the title implies.

Chalked Up: Inside Elite Gymnastics' Merciless Coaching ...

Chalked Up Inside Elite Gymnastics' Merciless Coaching, Overzealous Parents, Eating Disorders, and Elusive Olympic Dreams. by Jennifer Sey

Elite Gymnastics Not All It's 'Chalked Up' to Be : NPR

In 2008, she published Chalked Up: Inside Elite Gymnastics' Merciless Coaching, Overzealous Parents, Eating Disorders, and Elusive Olympic Dreams. The book details her career as an elite gymnast, including her experience at the Parkettes National Gymnastics Training Center in Allentown, Pennsylvania. She has also written and produced two short films.

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Chalked Up: Inside Elite Gymnastics'... book by Jennifer Sey

Chalked Up: Inside Elite Gymnastics' Merciless Coaching, Overzealous Parents, Eating Disorders, and Elusive Olympic Dreams, is a brutal book. And I mean that as a compliment.

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