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Exercise Biochemistry 2nd Edition – Human Kinetics

Sport Biochemistry - Atko-Meeme Viru. S P O R T B I O C H E M I S T R Y. In honour of Atko-Meeme Viru, PhD, DSc. FACULTY OF EXERCISE AND SPORT SCIENCES. University of Tartu, Estonia. SELECTED PUBLICATIONS. Atko-Meeme Viru.

Biochemistry for Sport and Exercise Metabolism / Edition 1 ...

The International Journal of Sport Nutrition and Exercise Metabolism (IJSNEM) publishes original scientific investigations and scholarly reviews offering new insights into sport nutrition and exercise metabolism, as well as articles focusing on the application of the principles of biochemistry, physiology, and nutrition to sport and exercise. The journal also offers editorials, digests of ...

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Vassilis Mougios, PhD, is a professor of exercise biochemistry and director of the Laboratory of Evaluation of Human Biological Performance at the University of Thessaloniki in Greece. A teacher of exercise biochemistry, sport nutrition, and ergogenic aspects of sport for 30 years, Mougios served on the Scientific Committee of the 2004 Pre-Olympic Congress.

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Vassilis Mougios, PhD, is an associate professor of exercise biochemistry at the University of Thessaloniki in Greece. A teacher of exercise biochemistry, sport nutrition, and ergogenic aspects in sport for 17 years, Mougios served on the Scientific Committee of the 2004 Pre-Olympic Congress.

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Although the biochemistry of exercise-induced metabolic acidosis is unquestionable, there is considerable research support and therefore validation of nonmitochondrial ATP turnover as the cause of acidosis. For example, several researchers have denoted that the assumption that "lactic acid" is the source of H⁺ is inaccurate.

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Biochemistry of exercise-induced metabolic acidosis ...

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